

# Kuala Gua (cave) and Lentang waterfall.

Janda Baik

## 1- Lentang trail with waterfall to Janda Baik

Walking distance: about 4 hours

Difficulty: ♥♥♥/♥♥♥♥♥

Program: Day Trip

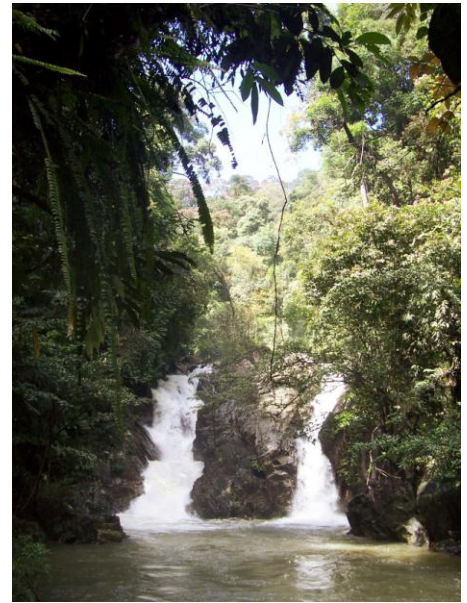
From Zaini GuestHouse and early in the morning, you will be sent by 4X4 or by bus to the beginning of the trail (about 20 min.) that is located in the Lentang Forest Regional Park. By following the track of the wild animals such as wild boars and deers, you will reach the double waterfall in about 2 ½ hours. There you can have a short rest before continuing the trail to get to Kuala Gua where the river disappears down into an underground cave. There you can relax and have a hot drink with a collation before the last part to go back to Zaini GuestHouse, just 30 minutes walk.

Price: **RM60** per person with a minimum of 10 persons

### The journey includes:

- 1 or 2 guides according to the number of participants
- Transport
- First Aid
- 1 hot drink and biscuits

A traditional jungle lunch can be organised (rice cooked in the bamboo, fried fresh water fish, vegetables from the jungle...) on request.



## 2- Lentang trail to Kuala Gua to Janda Baik

Walking distance: about 4 to 5 hours

Difficulty: ♥♥♥/♥♥♥♥♥

Program: 2 days / 1 night



From Zaini GuestHouse you will be sent by 4X4 or by bus to the beginning of the trail (about 20 min.) that is located in the Lentang Forest Regional Park. By following the track of the wild animals such as wild boars and deers, you will reach the double waterfall in about 2 ½ hours. There you can have a short rest before continuing the trail to get to Kuala Gua where the river disappears down into an underground cave. There the camp will be set up. After resting, bathing, fishing, enjoying the surroundings and taking many pictures, you will be served a typical in-the-jungle dinner around a fire camp.

The next day, clear the camp after breakfast and back to Zaini GuestHouse.

Price: **RM150** per person with a minimum of 10 persons

**The journey includes:**

- 2 or 3 guides according to the number of participants
- Transport
- First Aid
- Food (3 meals: lunch, dinner, breakfast) and drinks
- All Camping equipment (except sleeping bag and torchlight)

**3- Kuala Gua**

Walking distance: about 30 min. per way

Difficulty: ♥/♥♥♥♥♥♥

Program: daytrip – or – 2 days / 1 night

From Zaini GuestHouse you will be sent by 4X4 to the beginning of the trail (about 1 min.), then you will cross a river before reaching the edge of the jungle where you will have another 30 min. walk to get to the place where the river disappear to go down into an underground cave. There you can enjoy bathing in the river or go fishing.

Price: **RM25** per person with a minimum of 10 persons (for the day trip option)

**The journey includes:**

- 1 or 2 guides according to the number of participants
- Transport
- First Aid
- 1 hot drink and collation

